

CLAY COUNTY EXTENSION NEWS



EXTENSION EVENTS

How can I stay up-to-date?

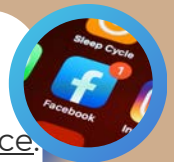
Monthly Newsletter

Call or email to be added to the monthly email list.



Facebook Page

"Like" our Facebook page - [Clay County Cooperative Extension Service](#). Go to our page & check out events.



Webpage

Check out the county webpage at <https://clay.ca.uky.edu>



PO Box 421 / 69 Jameson Rd | Manchester, KY 40962 | P: 606-598-2789 | F: 606-598-2695 | <https://clay.ca.uky.edu>

Cooperative Extension Service

Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, physical or mental disability or reprisal or retaliation for prior civil rights activity. Reasonable accommodation of disability may be available with prior notice. Program information may be made available in languages other than English. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating. Lexington, KY 40506



Disabilities
accommodated
with prior notification.



4-H Events



Alissa Ackerman

Alissa Ackerman
Co. Extension Agent for 4-H/Youth
Development Ed.
Email: alissa.ackerman@uky.edu

NOTICE!!! You MUST CALL 598-2789 TO REGISTER FOR ANY PROGRAMS BY THE REGISTRATION DATE!

GET INVOLVED IN 4-H!

4-H Food Drive

Clay County 4-H and Clay County High School JAG classes are hosting a food drive for local families around the holiday season! We are collecting nonperishable food items: canned green beans, peas, corn, sweet potatoes, instant potatoes, boxed mac and cheese, stuffing, etc. Donations are due December 8th at the Clay County Extension Office or Ms. Bray's class at CCHS.

4-H Paint Day

Join us for another painting opportunity for the entire family! 4-H Paint Day will be on December 11th at 4 pm at the Clay County EXCEL Building. Parents/Guardians are encouraged to paint with their child. This event is free and open to kids 5-18 years of age. You must call 598-2789 to register.

4-H Cooking Club

Do you enjoy baking or want to learn more? 4-H Cooking Club will meet on December 14th and January 29th at 4 pm at the Clay County Extension Office. Join us as we learn kitchen tips and safety and create delicious dishes! Limited spots are available and you must call to register. FREE but you must be 9-18 years of age to participate.



4-H Art Club



Do you love being creative or looking to make new friends? Mark your calendars for our next Art Club meetings on December 20th at 2 pm and January 16th at 4 pm at the Clay County Extension Office. You must call 598-2789 to register. This program is free and open to ages 9-18.

4-H Homeschool Club

Join us for our first 4-H Homeschool Club on January 22nd at 1 pm at the Clay County Extension Office. We will cover a variety of topics! You must be homeschooled to participate. Open to ages 9-18, and you must call 598-2789 to register.

4-H in the Classroom

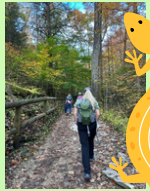
Take advantage of our awesome 4-H opportunities! If you are interested in having 4-H in your classroom or afterschool, please contact our office. 4-H programs available include:

- Bullying 101
- Career Readiness
- Character Building
- Communication/Leadership
- Financial Management
- Hygiene
- Manners
- Natural Resources
- Physical Activity/Nutrition



4-H NRESci Academy

4-Hers visited Natural Bridge State Park & the KY Reptile Zoo! This opportunity was a first time for many, and everyone enjoyed a nice hike and presentation.



4-H Cross Stitch



Participants began their first cross stitch project! This project took lots of patience, and we are so proud of everyone! Thanks to Ms. Lora Lee for leading the class!

Clay County Leadership Enrichment



Students enjoyed another session of teambuilding and completed a community service project! Many students donated items to the animal shelter and made dog toys.



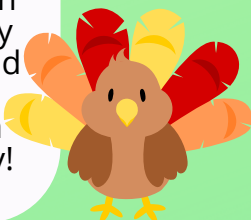
4-H In-School Clubs

This past month, clubs focused on dissecting owl pellets and drug education in the schools! We look forward to our next visits in January!



4-H Art Club

Art Club members created an early Thanksgiving project by reusing old mason jar lids and creating small turkey door hangers! Thanks to Ms. Pam for another great opportunity!



CLOSED

**Our office will be closed during
the holiday season from
December 25th - January 1, 2024**

**We will reopen on Tuesday,
January 2nd.**



Cookies with Santa & The Grinch

TUESDAY, DECEMBER 19TH

1:00PM-3:00PM

CLAY COUNTY EXCEL BUILDING

**Pictures with Santa, Cookies, 4-H
Community Service Project, Cookie
Decorating, Ornament Crafts, Free
Books, Games, Recipe Samples &
more!**

UK Cooperative
Extension Service





4-H HOMESCHOOL Club



Age 9-18

Clay County Extension Office

January 22nd

1:00PM

FREE!



Join us for a variety of programs/activities!

You must call to register at 598-2789



FOOD DRIVE

Clay County High School JAG & Clay County 4-H will be hosting a nonperishable food drive!

Drop off items by: December 8th
Clay County Extension Office or Ms. Bray's Class at CCHS

Items needed: canned green beans, peas, corn, sweet potatoes, instant potatoes, boxed mac & cheese, stuffing, etc.



COOPERATIVE EXTENSION



Kentucky Volunteer Forum

VOLUNTEERS REACHING NEW HORIZONS
FEBRUARY 22-24, 2024

TO INSPIRE, EDUCATE, EMPOWER, AND RECOGNIZE
4-H AND EXTENSION VOLUNTEERS AND PROFESSIONALS



Central Bank Convention Center
Hyatt Regency Lexington

401 W HIGH STREET,
LEXINGTON, KY 40507

REGISTRATION OPENS
OCT 1, 2023

HOTEL ACCOMODATIONS

HOST HOTEL: HYATT DOWNTOWN
OVER FLOW: HYATT PLACE

For More Information:

Contact your local County Extension Office

DONT MISS OUT

- WORKSHOPS
- NETWORKING
- SEMINARS ON WHEELS
- OPENING EVENT
- HALL OF FAME BANQUET
- AWARDS LUNCHEON
- VENDORS
- VOLUNTEER ACCREDITATION

<https://4-h.ca.uky.edu/core-program-areas/kentucky-volunteer-forum>

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Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, or physical or mental disability. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.

LEXINGTON, KY 40546



Disabilities
accommodated
with prior notification.



Agriculture/Natural Resources



Ashley Adkins

Ashley Adkins
Co. Extension Agent for
Agriculture/Natural Resources Ed.
Email: ashley.adkins@uky.edu

Goat & Sheep Educational Workshop & Dinner

The Southeast Kentucky Sheep Producers Association (SEKSPA) and the Clay County Cooperative Extension Service invite you to attend a Sheep and Goat Educational Workshop and Dinner.

The event will be at the Clay County EXCEL building (86 Muddy Gap Rd, Manchester, KY 40962) on Thursday, December 7, 2023 at 6:00 pm.

Dr. Patrick Angel, Southeast KY Sheep Producers Association, David Peery, KY State University, and Lester Brashear, Brashear Heritage Farm, will be the featured guest speakers. Registration is required.

Please register by calling the Clay County Extension Office at (606)598-2789. \$10.00 per family includes a lamb dinner with sides and a one year membership to SEKSPA. Please invite other goat and sheep farmers in your area! CAIP educational requirement approved!

2024 KY Fruit & Vegetable Conference

The 2024 Kentucky Fruit & Vegetable Conference will be held January 3-4, 2024 at the Sloan Convention Center at 1021 Wilkinson Trace, Bowling Green, KY 42103. Pre-conference events start on January 2nd.

This two-day meeting with pre-conference events is devoted to fruit, vegetable, and cut flower production, handling, harvesting, marketing, storage and related topics.

Approximately 500 growers, researchers, and technical service providers attend the

Kentucky Fruit and Vegetable Conference each year. Registration is \$50 per person.

Meal tickets are included with registration and only available through advance registration. Late registration (received after

Friday, December 22, 2023) and on-site registration will be \$75. Because of hotel policies, registration fees are non-refundable.

Register at

<https://www.eventbrite.com/e/2024-kentucky-fruit-vegetable-conference-tickets>

Clay Co. Community Farmers Market Christmas Bizarre

Clay County Community Farmers Market Christmas Bizarre will be on Saturday, December 9th from 10:00 am – 3:00 pm at the EXCEL building beside McDonalds. Don't miss this event! Come out and purchase a beautiful, handmade gift for someone special or try a scrumptious holiday treat. We will have lots of goodies, such as baked goods, candy, breads, jams & jellies, freeze dried candies, wood items, Christmas ornaments, wind chimes, jewelry, crochet items, shirts, wooden bird houses and more!

Santa will be there, so bring your kids to see Santa and get a photo with him! A few spots are available if you would like to have a booth at the Holiday Festival. Booth items need to be handmade. Call Clara Smith at 594-5869 for information or to reserve a booth.

2024 Kentucky Cattlemen Association Convention

The 2024 KCA Convention will be held on January 11th – 12th at the Central Bank Center in Lexington, KY. Early bird registration will be \$60. After December 15th, the registration fee will be \$85. Visit the Kentucky Cattlemen's Association website at

<https://www.kycattle.org/convention.html> to register and for additional information including an agenda and hotel information. For Hyatt reservations call 1-800-233-1234 and give code G-CTLX or ask for Kentucky Cattlemen's Block or register online at

<https://www.hyatt.com/en-US/group-booking/LEXRL/G-CTLX>

Strategies to Reduce Fertilizer Use on Eastern KY Cattle Farms

Strategies to Reduce Fertilizer Use on Eastern KY Cattle Farms will be on February 19, 2023 at 5:30 PM at the EXCEL building, 86 Muddy Gap Rd, Manchester, KY 40962. Topics include: Using Legumes to get the Nitrogen Cycle Working, Feeding Hay to Recycle Nutrients, Clipping Weeds to Enhance Fertility, Having an Appropriate Stocking Rate and Implementing Basic Rotational Grazing without Perfect Infrastructure. The guest speaker will be Dr. Greg Halich, Associate Extension Professor with the Department of Agriculture Economics at the University of Kentucky. Please call 598-2789 to register. Other locations and dates to attend include: February 20th – Knott County Extension at 149 Parks Rd, Hindman, KY 41822, February 21st – Lee County Extension at 259 Industrial Park Rd, Beattyville, KY 41311 and February 22nd – Morehead State University Farm at 25 MSU Farm Rd, Morehead, KY 40351. All programs start at 5:30 pm. Please contact your local Extension Office to register.



It's that time of the year! We will be taking apple rootstock & plant orders after New Years! You can find an order form in this newsletter!



Clay County Beekeepers will resume their monthly meetings in February 2024.

Wednesdays @ 11 am EDT

December 6
Christmas Trees

January 3, 2024
GIS

January 10, 2024
Winter Tree ID

January 24, 2024
Forest Carbon & Family
Forest Carbon Program

January 31, 2024
World Wetlands Day



www.FromTheWoodsToday.com

FromTheWoodsToday.com



GOAT & SHEEP EDUCATIONAL WORKSHOP & DINNER



SOUTHEAST KENTUCKY SHEEP PRODUCERS ASSOCIATION

**THURS. DECEMBER 7TH | 6 PM
86 MUDDY GAP RD MANCHESTER, KY**

The Southeast Kentucky Sheep Producers Association (SEKSPA) and the Clay County Cooperative Extension Service invite you to attend a Sheep and Goat Educational Workshop and Dinner. The event will be at the Clay County EXCEL building (86 Muddy Gap Rd, Manchester, KY 40962) on Thursday, December 7, 2023 at 6:00 pm. Dr. Patrick Angel, Southeast KY Sheep Producers Association, David Peery, KY State University, and Lester Brashear, Brashear Heritage Farm, will be the featured guest speakers.



Registration is required. Please register by calling the Clay County Extension Office at (606)598-2789. \$10.00 per family includes a lamb dinner with sides and a one year membership to SEKSPA. Please invite other goat and sheep farmers in your area!

CAIP educational requirement approved!

STRATEGIES TO REDUCE FERTILIZER USE ON EASTERN KY CATTLE FARMS

All programs start at 5:30 pm. Call your local Extension Office to register.

Guest Speaker: Dr. Greg Halich, Assoc. Extension Professor w/the Dept. of Ag Economics - UK



**FEBRUARY 19, 2024
CLAY COUNTY EXCEL**

86 Muddy Gap Rd, Manchester, KY 40962
Call 598-2789 to register.

OTHER LOCATIONS AND DATES:

Feb. 20, 2024 - Knott County Extension
Feb. 21, 2024 - Lee County Extension
Feb. 22, 2024 - Morehead State University Farm

TOPICS:

Using Legumes to get the Nitrogen Cycle Working
Feeding Hay to Recycle Nutrients
Clipping Weeds to Enhance Fertility
Having an Appropriate Stocking Rate
Implementing Basic Rotational Grazing without Perfect Infrastructure

2024 Plant Order Form

Name: _____
 Address: _____
 City, State, Zip Code: _____
 Telephone: _____
 Email: _____

Clay Co. Cooperative Extension Service
 PO Box 421 / 69 Jameson Rd
 Manchester, KY 40962
 Email: clay.ext@uky.edu
 (606) 598-2789 Fax: (606) 598-2695
 Web page: clay.ca.uky.edu

We will start taking orders after New Years!

Quantity	Item	Unit Price	Total
_____ bundles	Strawberries (Allstar) (June bearing—larger berry)	\$6.50 (bundle of 25)	
_____ bundles	Strawberries (Earliglow) (June bearing—smaller, sweeter berry)	\$6.50 (bundle of 25)	
	Blackberries (Natchez)	\$4 each	
	Blueberries (Duke) (two varieties needed for pollination)	\$9 each	
	Blueberries (Chandler) (two varieties needed for pollination)	\$9 each	
	Raspberries (Prelude) - Bare root	\$4 each	
	Raspberries (Jewell)	\$4 each	
	Asparagus (Millennium)	\$1 each	
_____ bundles	Onion plants (Candy)	\$5 (bundle of 60)	
Prices are subject to change in January!		Total Due	

Mail completed form & payment to: Clay County Extension Office, PO Box 421, Manchester, KY 40962. Plants should be at the Extension Office sometime the first week of April 2023. We will contact you when they arrive. **Money is due in advance when you order your plants. Orders will not be submitted if plants have not been pre-paid.** Make checks payable to: Clay County Extension Office. We are not responsible for plants not picked up in a timely manner.

Payment Information
 Amounts Paid: _____
 Date: _____
 Received by: _____
 Check No: _____ or Cash _____

Notice: We have publications on these plants at the Extension Office if you would like to come by and pick one up. This way you can have your ground ready before your plants arrive.



ROAST VENISON

Using a slow cooker brings out intense flavors and makes cooking a roast super easy.

Ingredients:

- 4 pounds venison roast
- 1 teaspoon salt
- 2 tablespoons flour
- 2 tablespoons oil
- ¼ teaspoon garlic powder
- 1 onion, sliced
- 2 tablespoons brown sugar
- ¼ cup lemon juice
- 4 cups low-sodium canned tomatoes
- ¼ teaspoon browning sauce, if desired

Directions:

Season roast with salt and roll in flour. Brown on all sides in hot oil in a heavy skillet. Place in a slow cooker and add remaining ingredients. Cook on low for 10 hours or on high for 6 hours.

Source: Adapted from Venison Recipe Collection, Compiled by Becky Nash, Extension Agent for FCS

Leftovers ideas: cold sandwiches, heated in barbecue sauce for hot sandwiches, or diced into soup or stew.

Nutrition facts per serving: 250 calories; 6g total fat; 2g saturated fat; 0g trans fat; 130mg cholesterol; 330mg sodium; 10g carbohydrate; 2g fiber; 0g sugars; 21g protein; 0% Daily Value of Vitamin D; 0% Daily Value of Calcium; 5% Daily Value of Iron; 10% Daily Value of Potassium



FAMILY & CONSUMER SCIENCES

ATTENTION

Homemakers:

It's almost time to pay your annual dues. Please pay by December 1st.

HOMEMAKER CLUBS:

Homemaker Card Club
2nd Tuesday - 1:00 pm
Extension Office

Happy Homemakers
3rd Monday - 4:00 pm

Homemaker Pins & Needles
3rd Saturday - 10am at EXCEL

IMPORTANT

NOTICE!!!!!!

We are transitioning to an electronic newsletter. Please contact us to give us your email address. You can call 598-2789, email us at clay.ext@uky.edu or send us a message on Facebook messenger. If you do not have an email address, you can request a physical copy. Only those that request a physical copy will receive one in February 2024. If you do not respond, this issue will be the last newsletter you receive.

ATTENTION PLEASE!

How can we serve you, Kentucky?

Take a ten-minute survey
to help us develop programs
addressing needs in
your community.

go.uky.edu/serveKY



KENTUCKY
COOPERATIVE EXTENSION

An Equal Opportunity Organization.



We will be giving away two UK baskets, each valued at over \$100.00!!! All you have to do is take our 10-minute survey about the needs of our community at go.uky.edu/serveKY to be entered in the drawing. If completing your survey online, take a screenshot of the last page and message it to us (along with your phone number) on Facebook messenger at Clay County Cooperative Extension Service or send it in by email to clay.EXT@uky.edu. You may also pick up a paper copy in the office or request one be mailed to you by calling 598-2789. If returning your survey by mail, please include a note with your name and phone number to be entered in the drawing! For an extra entry, refer a friend and have them mention your name along with their screenshot or paper copy.

Non-discrimination Policy

The Martin-Gatton College of Agriculture, Food and Environment is an Equal Opportunity Organization with respect to education and employment and authorization to provide research, education information and other services only to individuals and institutions that function without regard to economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, physical or mental disability or reprisal or retaliation for prior civil rights activity.

Reasonable accommodation of disability may be available with prior notice. Program information may be made available in languages other than English.

Inquiries regarding compliance with Title VI and Title VII of the Civil Rights Act of 1964, Title IX of the Educational Amendments, Section 504 of the Rehabilitation Act and other related matter should be directed to

Equal Opportunity Office, Martin-Gatton College of Agriculture, Food and Environment, University of Kentucky, Room S-105, Agriculture Science Building, North Lexington, Kentucky 40546,

the UK Office of Institutional Equity and Equal Opportunity, 13 Main Building, University of Kentucky, Lexington, KY 40506-0032 or

US Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410

RETURN SERVICE REQUESTED

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